

Implementation Plan for a Recovery Oriented Integrated System of Care (ROISC) in Sandwell

Nick Shough, Drug & Alcohol Partnership Project Officer



From harm to hope

A 10-year drugs plan to cut crime and save lives



REDUCING SUPPLY

Working regionally and nationally to reduce the harm associated with illicit drugs.

Building the local evidence base regarding disrupting drugs, illicit alcohol, and illicit tobacco supply.

Address responsible retail.

DELIVERING WORLD CLASS TREATMENT AND RECOVERY SYSTEM

- Rebuilding the professional workforce
- Better integration of services to ensure we meet needs holistically across the health and criminal justice system.
- Referrals via all partners
- Better use of Alcohol Identification and Brief Advice (IBAs).
- Enabling delivery of a vibrant ROSC, led by and for those affected by alcohol and drugs.

ACHIEVING A GENERATIONAL SHIFT IN THE DEMAND FOR ALCOHOL AND DRUGS

- World-leading evidence base.
- Reducing the demand for alcohol and other drugs.
- Preventing drug and alcohol use among children and young people.
- Change the acceptability and availability of legally available substances (alcohol and tobacco) in Sandwell.

People

do

Recover

Natural Recovery is built with Recovery Capital

- Human capital
- Social capital
- Physical capital
- Cultural capital

Recovery is CONTAGIOUS

- You need to be near it to catch it

Recovery should be
VISIBLE in the
community

- If you can't see it, how can you believe in it?

People in recovery become

BETTER THAN

WELL

- Because they work on themselves and work to stay well.
 - They take fewer sick days and they volunteer more.

Building Recovery In Communities

- Recovery is an individual, person-centred journey;
- Built on the recovery capital available to individuals;
- In a system that is locally led and locally owned;
- Where all services are outcome focused;
- Delivered using a ‘whole systems’ approach;
- By an inspirational recovery orientated workforce;
- Supported by recovery networks;
- Keeping children safe and rebuilding families;
- To enable reintegration into communities;
- Tackling housing needs;
- Helping people find sustained employment.

Alcohol and drug misuse impacts on a wide range of local priorities

Health, wellbeing & social care

Liver disease mortality
Injuries in over 65s
Hospital admissions
Low birthweight babies
Self harm
Excess weight
Social isolation
Delaying/reducing need for care & support
Successful treatment completion
Drug related deaths

Cancer
Early mortality
Sickness absence

Worklessness
Street drinking
Mental health
Homelessness

Suicide
Safeguarding
Injuries
Prisoners in treatment
Domestic abuse
Violent crime

Pupil absence
NEETs

Disorder in the night time economy
Acquisitive crime

Re/offending rates

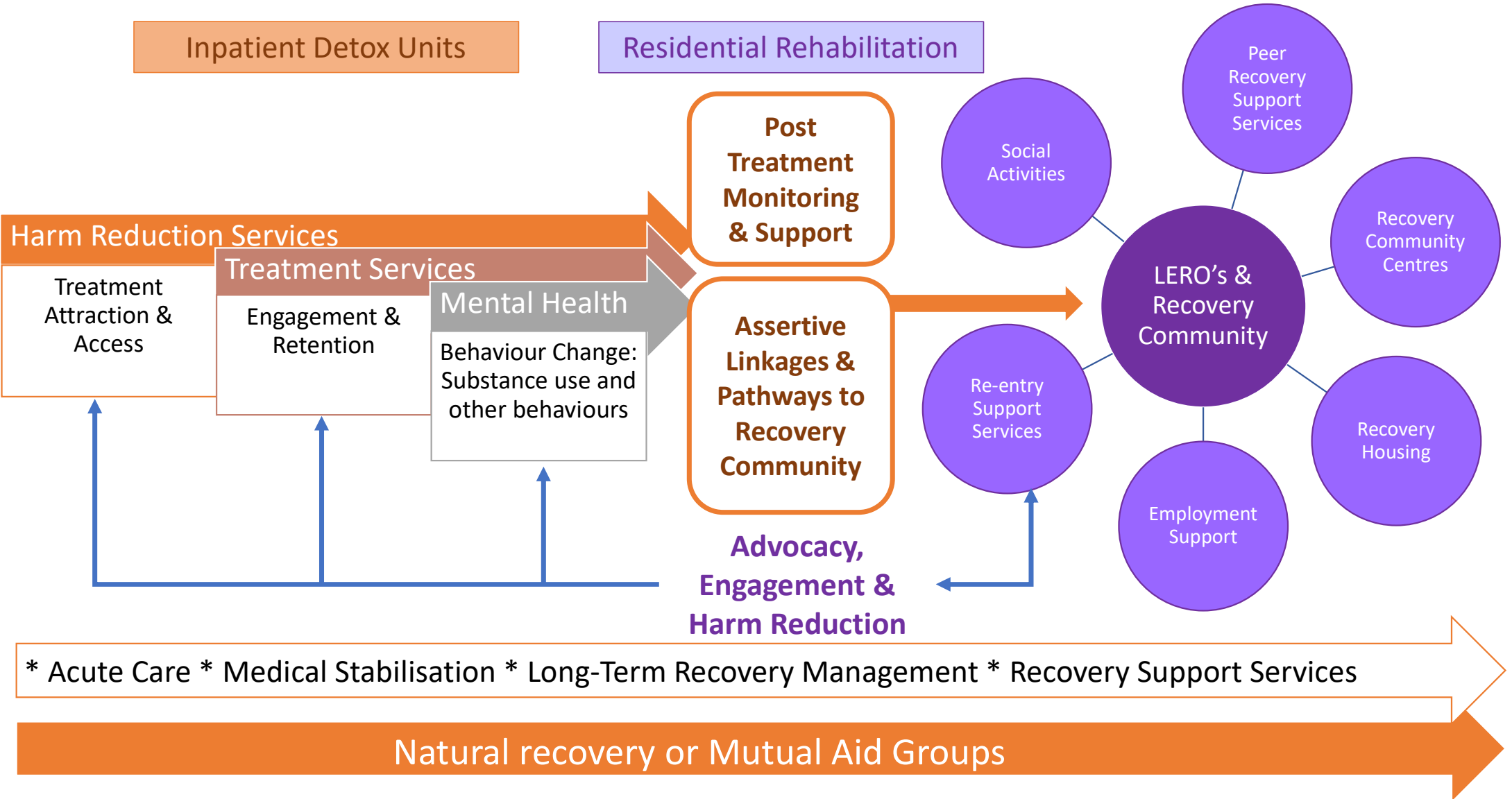
Anti-social behaviour

Youth justice system entrants

Prosperity & attainment

Criminal justice

The Treatment Recovery Environment (Dr Ed Day)



Implementation Plan for a Recovery Oriented Integrated System of Care (ROISC) in Sandwell

June 2023



Contents

1. Introduction and Purpose

- What is Recovery?
- Definitions of Recovery
- Background to recovery offer
- Mutual Aid
- Sandwell D&A Strategy 2022
- The Linxs Recovery Report

2. Stakeholders and Partners Responsibilities

- Communities of Recovery

3. Implementation Proposals

3.1 Strategic Framework for a Recovery Oriented Integrated System of Care (ROISC)

3.2 Empowering the Recovery Community

3.3 Opportunities for Recovery Building

3.4 Workforce Development

3.1 Strategic framework for a Recovery Oriented Integrated System of Care (ROISC)

- Promoting Recovery & ROISC awareness
 - CQS survey of SDAP membership
 - Workshops & networking events
- Experts by Experience members on SDAP
 - 'Attending Meetings' workshop with SSAB
- Sandwell Recovery Forum
 - First event on 06/12/23, before next SDAP

3.2 Empowering the Recovery Community

A Recovery Networking Conference in September

- presentations, stalls, workshops, goody-bags
- 130 people to promote and celebrate recovery in Sandwell

Co-production

- Conference & Asset-mapping
- Recovery Forum
- Representation at SDAP

A community- based recovery offer

- Asset-mapping project
- Recovery directory



Recovery in Sandwell

e-bulletin #5



Figure 1: Recovery in Sandwell Banner

Thursday 9th November 2023

Welcome to the fifth monthly edition of the Recovery in Sandwell e-bulletin/ newsletter, aiming to support people living or working in Sandwell to become 'recovery informed', breaking down the stigma and prejudice towards people with drug or alcohol problems, and celebrating recovery.

Everyone has a role to play in building recovery, helping people to believe in recovery and supporting them in their recovery journey. **This e-bulletin contains 33 pages packed with links for activities, events, groups, learning opportunities.**

Thursday 9th November 2023

Welcome to the fifth monthly edition of the Recovery in Sandwell e-bulletin/ newsletter, aiming to support people living or working in Sandwell to become 'recovery informed', breaking down the stigma and prejudice towards people with drug or alcohol problems, and celebrating recovery.

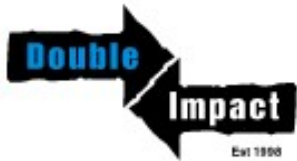
Everyone has a role to play in building recovery, helping people to believe in recovery and supporting them in their recovery journey. **This e-bulletin contains 33 pages packed with links for activities, events, groups, learning opportunities.**

3.3 Opportunities for Recovery Building

- Mutual Aid Groups and Meetings
- Purposeful activities
- Volunteering
- Employability
- Recovery Training Academy
- Fostering Recovery Enterprises (LERO's)



CLERO
COLLEGE OF LIVED
EXPERIENCE RECOVERY
ORGANISATIONS



The Well



3.4 Workforce Development

- Promoting awareness and understanding of the ROISC to partner organisations.
- Collaborating with Cranstoun and DECCA to develop and embed recovery planning skills in D&A workforce.
- Promoting and supporting **Cranstoun bespoke training offer** to all partners and developing targeted programs for staff in housing and probation services, as recommended by the Linxs report.
- Roll-out of SBIT Practitioner Training with Cranstoun and DECCA.
- Develop a D&A Recovery training program that is delivered by people with lived experience.

Benefits of a ROISC

- Recovery provides hope to workers and clients
- It is an evidence based approach for individuals, families and communities
- Recovery is a force for positive social change

A genuinely Recovery Oriented Integrated System of Care looks like this:

- Real informed choices at each stage of treatment process
- Peer to peer support
- Mutual aid
- Assertive link between treatment & recovery support
- Long-term pathways to recovery
- No stuck staff and no stuck clients
- Recovery awareness throughout the care system & the community
- Lived Experience Recovery Organisations
- Supportive peer recovery activities and networks
- Celebrations of success



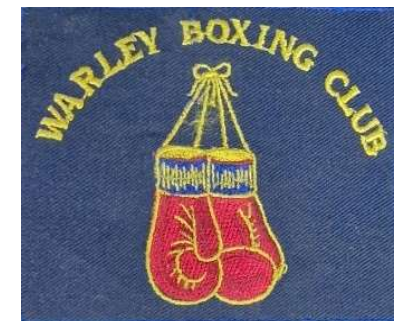
Progress so far

- The Sandwell **Recovery Implementation Plan** published June 2023.
- **ROISC Awareness** sessions delivered to SDAP partners and Public Health
- Monthly **Recovery newsletter** promoting groups, activities and services to support recovery across Sandwell, since July 2023.
- A **coproduction group** of eight people with lived and living experience met for ten weeks from July to September to plan a Recovery Conference.
- **Visits to local LERO** projects in neighbouring localities.
- **Recovery Event 4 Sandwell** attended by 130 people
- **Watch the video:** <https://www.youtube.com/watch?v=HSQtj1JsQYI> on the “Recovery is Contagious” YouTube channel.

The Community
Link 
Recovery Project
Mini Café



Small Grants for Recovery Projects of up to £10k awarded to nine Community Groups and local Charities to offer a range of Recovery Support Services (RSS)



- Article about the Recovery Conference **published in the Sandwell Herald.**
- “Recovery” tab and #Recovery search option added to the SCVO **Routes2wellbeing** directory of services across Sandwell

Coming up:

- Training **workshop for Experts by Experience** on attending meetings and representing the recovery community, on 01/12/23.
- First meeting of **Sandwell Recovery Forum** for people with lived and living experience of treatment and/ or recovery on 06/12/23
- The SDAP Board welcome three Experts by Experience to **represent the recovery community** at the next meeting on 13/12/23.
- **Asset Mapping activity** will be arranged at the 1st recovery Forum, to review the directory adding the #Recovery, where appropriate.

Experts by Experience

Attending Meetings Training



Friday 1st December
10.00 - 12.30

at

The Brasshouse Centre
Brasshouse Lane, Smethwick,
B66 1BA

[Sat-nav users, use post code B66 1BA]

This training covers the format and etiquette of meetings, it aims to give you the skills and confidence to get your voice heard at meetings. Refreshments will be provided 😊

To book a place call Nick on
07741 817 800

or email

nick2_shough@sandwell.gov.uk

Sandwell
Safeguarding
Adults
Board

 Sandwell
Metropolitan Borough Council

Sandwell Recovery Forum

Wednesday

6th December

11.00 – 12.30 at
West Bromwich
Central Library



High Street, West Bromwich, B70 8DZ

- A forum for the recovery community to meet and work together with refreshments provided,
- Have a say in how services that affect you are planned and delivered and how to improve them,
 - Hearing from invited guest speakers,
 - Opportunities for recovery planning
- Visits to recovery projects around the country,
 - , Event planning and co-production,
- Representation at policy boards and planning meetings,
- An open forum for anyone who is in treatment or recovery,
 - **No booking needed, just come along.**

"We believe people with first-hand experience of health and social care services are best qualified to assess service quality." (Care Quality Commission)

Sandwell
Safeguarding
Adults
Board

 Sandwell
Metropolitan Borough Council

Thank you ॐ